



**Cardinal Wiseman  
Catholic School**  
Part of The Romero Catholic Academy

*"The earth has yielded its harvest.  
God blesses us - our God blesses us!"*

Psalm 67:6

# Newsletter

**Newsletter Issue 146**

**24 September 2021**

Dear Parents and Carers

September really has seen a return to normality within school. It is great to see all staff based in their designated curriculum areas and to feel that buzz when we get a new group of pupils arriving into our specialised teaching rooms.

Some of those things that we took for granted like the smell of the Bunsen burners in the science corridor or the choral response to new vocabulary being practised in the Languages department have all been re-established.

Staff have worked really hard looking at the data gathered last year and speaking to students to identify their needs. This will enable us to make the rapid progress we all want for our children.

Our curriculum in all subject areas has been reviewed, adapted and amended and it is clearly evident as you walk around the school that our pupils have returned with excellent attitudes to learning. We can see and hear the enthusiasm in all lessons, from the excitement of using specialist equipment when carrying out experiments in Science to the gothic era being introduced in English; experimenting with media and techniques in Art; new vocabulary linked to family life in Modern Foreign Languages and the carefully considered pressing of the keys on the scientific calculators as pupils use them to determine sides and angles in trigonometry.

September really has been an exciting, engaging and challenging time in all the classrooms at Cardinal Wiseman and this will continue throughout the academic year as we support all our students to reach their full potential.

We were saddened to hear that former teacher, Mrs Rosie Dunsmore, passed away recently. Parents may remember Mrs Dunsmore as a History teacher and Year Head. Mrs Keogh, former pupil and staff member at Cardinal Wiseman, fondly remembers how Mrs Dunsmore brought her subject to life, embellishing facts with her wonderful melodic voice. We wish her and her family God's blessings and peace.

Mr Pearse  
Assistant Principal



024 7661 7231



[admin@cardinalwiseman.coventry.sch.uk](mailto:admin@cardinalwiseman.coventry.sch.uk)

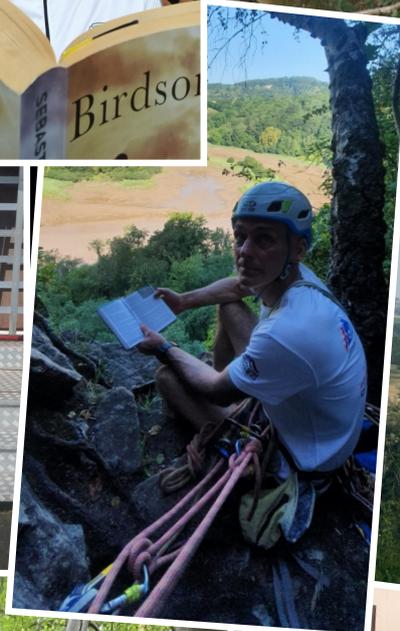
[www.cardinalwiseman.coventry.sch.uk](http://www.cardinalwiseman.coventry.sch.uk)

Instagram: [@officialwisemancoventry](https://www.instagram.com/officialwisemancoventry)  [@officialwiseman](https://twitter.com/officialwiseman) Facebook: Cardinal Wiseman Catholic Secondary School

# EXTREME READING

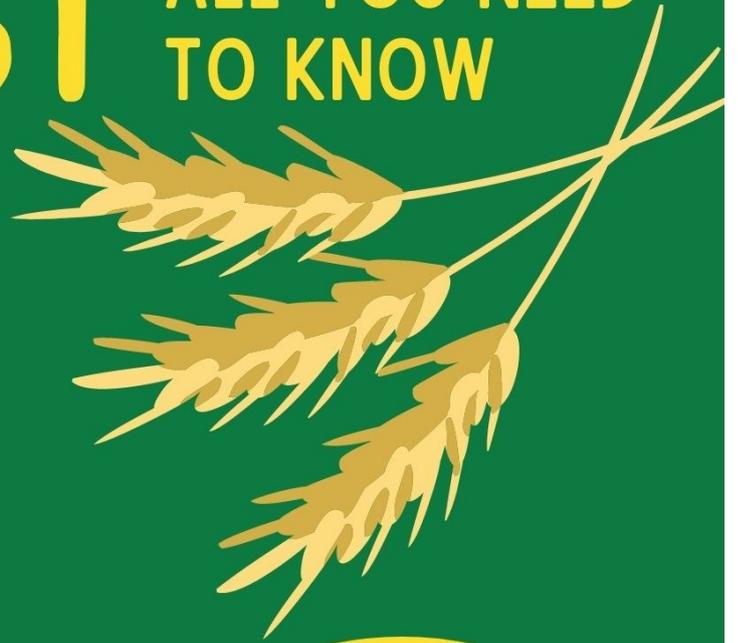
Over the summer, students and staff have been taking part in the Library's "Extreme Reading" competition. They have been photographing themselves reading in usual places including the Coventry away match at Queens Park Rangers, the Shrine of Our Lady of Walsingham and even in the Solent!

The student winner was Esha VP who submitted a whole selection of photos including this one of reading up a tree. She has won a £10 Amazon voucher and a Romero Shines credit.



# HARVEST

ALL YOU NEED  
TO KNOW



## WHY?

WE CELEBRATE HARVEST TO REMIND US OF ALL THE GOOD THINGS GOD HAS GIVEN TO US. TO CELEBRATE WE SHARE WITH OTHERS WHO ARE LESS FORTUNATE.



## WHAT?

TO CELEBRATE WE ARE COLLECTING TINNED AND LONG LASTING FOODS TO DONATE TO THE EMMAUS CHARITY WHO SUPPORT THE HOMELESS IN COVENTRY.



**emmaus**  
Coventry & Warwickshire

# WE NEED YOUR HELP!

ANY DONATIONS SHOULD BE BOUGHT TO THE CHAPEL BY FRIDAY 8TH OCTOBER. DONATIONS WILL BE SORTED INTO HOUSE PILES, THE HOUSE WITH THE MOST DONATIONS WINS!!



On Tuesday the school marked International Peace Day with prayer and reflection. To celebrate this and to recognise Coventry's role as City of Peace and Reconciliation, students were also asked to create origami doves to decorate their form rooms.

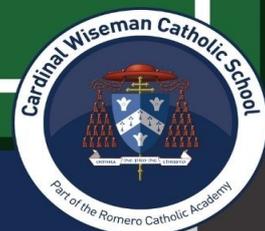
The instructions for making a paper dove can be seen with this link:

<https://www.youtube.com/watch?v=YajnsShr1IA&t=7s>

**When picking up and dropping off  
students please be respectful of  
our neighbours.**

**Please do not park or reverse  
onto their drives.**

**Thank you.**



**COME FOR  
COFFEE  
AND  
CAKE**

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**



## Staff enjoy cake for a good cause!

Cardinal Wiseman's support staff hosted their annual coffee morning in aid of Macmillan Cancer Support on Friday.

Staff were treated to a coffee and cake in return for a donation to this very worthy cause.

This year the event was held in memory of much loved and missed colleague, Sue Mulryan.



## Enrichment Activities — PE



### Tuesday

#### Years 8 & 9 Girls Basketball

Guardian Ballers Coaches

#### Year 8 Boys Football Club

Mr Montague and Mr Alton

#### Year 9 Boys Football Club

Mr Page

#### Key Stage 4 Fitness Club

Mr Bailey

### Wednesday

#### Years 8 & 9 Boys and Girls

#### Fitness Club

Mr Forinton

#### Year 11 Football Club

Mr Blair / Mr Robinson

#### Year 7 Rugby Club

Mr Alcott

### Thursday

#### Years 8 & 9 Boys Basketball

Guardian Ballers Coaches

#### Year 9 Rugby Club

WASPS Community Coaches

#### Year 7 Boys Football Club

Mr Blair

#### Key Stage 3 Girls Football

Mrs North

#### All Years Netball

Ms Jefferson

**VIRTUAL COFFEE MORNING**

**DOES YOUR CHILD OR YOUNG PERSON HAVE SPECIAL NEEDS?  
HOW ARE YOU DOING?**

Get in touch with us if you would like an invite to our Virtual Coffee Morning using Microsoft Teams App (we can help you with this). Meet other parents in a similar situation. Share with others in a friendly, non-judgemental environment, together with a member of staff from SENDIASS and Carers Trust Heart of England.

**VIDEO LINK**

**COFFEE MORNING**

**FRIDAY 1<sup>ST</sup> OCTOBER 2021  
(10:00AM -11:30AM)**

To request an invite and for further information contact:  
SEND Information Advice and Support Service  
Tel: 024 7669 4307 or email: [iass@coventry.gov.uk](mailto:iass@coventry.gov.uk)

**AFTER SCHOOL ENRICHMENT**

**Join the school choir!**  
**Every Thursday 3.20-4.20pm**  
**in CCo1**

We will be exploring a range of genres including pop, musical theatre, classical and folk music.  
 Band musicians welcome!

**Contact Miss Myers for more details:**  
**[cm Myers@cwcscoventry.co.uk](mailto:cm Myers@cwcscoventry.co.uk)**



# CATERING SERVICE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>meat dish ... meat dish ...</i>				
<b>Jumbo American Hotdog</b> Onion Rings & Southern Wedges	<b>Macaroni Pastitsio</b> Mixed Vegetables & Garlic Bread	<b>Roast of the Week</b> Roast Potatoes Mixed Vegetables & Gravy	<b>Cajun Chicken Flatbread</b> Mixed Salad, Coleslaw & Bombay Potato	<b>Battered Fish &amp; Chips</b> Baked Beans Or Mushy Peas & Curry Sauce
<i>vegetarian dish ... vegetarian dish ...</i>				
<b>Quorn Hotdog</b> Onion Rings & Southern Wedges	<b>Cheese &amp; Tomato Pasta Bake</b> Mixed Vegetable & Garlic Bread	<b>Roast of the Week</b> Roast Potatoes Mixed Vegetables & Gravy	<b>Quorn Flatbread</b> Mixed Salad, Coleslaw & Bombay Potato	<b>Cheese &amp; Tomato Pizza with Chips</b> Mushy Peas, Baked Beans Curry Sauce
<i>vegetarian dish ... vegetarian dish ...</i>				
<b>Jacket Potato</b> With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	<b>Jacket Potato</b> With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	<b>Jacket Potato</b> With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	<b>Jacket Potato</b> With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	<b>Jacket Potato</b> With a Choice of Fillings Cheese, Tuna, Beans Coleslaw
<i>And There's More.... And There's More.... And</i>				
<b>Selected Sandwiches, Wraps</b>	<b>Selected Sandwiches, Wraps</b>	<b>Selected Sandwiches, Wraps</b>	<b>Selected Sandwiches, Wraps</b>	<b>Selected Sandwiches, Wraps</b>
<i>pudding ... pudding ...</i>				
<b>Assorted home-bakes Cakes &amp; Biscuits</b>	<b>Assorted home-bakes Cakes &amp; Biscuits</b>	<b>Assorted home-bakes Cakes &amp; Biscuits</b>	<b>Assorted home-bakes Cakes &amp; Biscuits</b>	<b>Assorted home-bakes Cakes &amp; Biscuits</b>

**If you have specific dietary requirements - Please ask for advice or Allergen information**



## Attendance: Why should it matter to me?

As a parent it is your responsibility to make sure that you get your child to school **on time** each day. Our gate closes at 8.50am and after this time your child is late.

### Why is it important?

Being punctual is a sign of respect to staff, other students and to ourselves. Being punctual prepares our young people for expectations in the workplace. Most importantly, we believe that other students' learning should not be interrupted by late arrivals to lessons.

### Only the school can authorise an absence

The only **acceptable** reasons for absence are:

- **Illness**
- **Emergency appointment**

**Unacceptable** reasons for absence:

- **Shopping**
- **Haircuts**
- **Birthday treats**
- **Visiting relatives**
- **Minor illnesses** (e.g. headache, runny nose)
- **Non-urgent medical/dental appointments** (please book these during school holidays or for after 3.20pm)
- **Attending appointments with parents or siblings**



It is essential that you let school know before 8.50am that your child is going to be absent and the reasons why. Please contact the school on the first day of any absence on:  
**024 76617231**

## Missing school means missing out...

If your child's attendance is 90%, it means they are absent from school:

- Half a day every week -19 days in a school year, which is almost **4 whole weeks of lost learning**

## So what?

Missing school means:

**Missing learning    Gaps in knowledge    Low grades at GCSE**

**Missing out on activities    Missing friendships    Less Opportunities**



## Give your child the best start in life



# HOW TO HELP TEENAGERS WHO ARE STRUGGLING WITH THEIR MENTAL HEALTH



**01**  
Encourage them to talk openly about how they are feeling and what they are thinking



**02**  
Support them to find the right help by encouraging them to reach out to their local doctor or a mental health charity



**03**  
Regularly check in with them and ask them if there is anything you can do to help or support



**04**  
Work with them to come up with an actionable plan of things they can do that help them feel better



**05**  
Support and encourage them to look after their physical health (E.g. good sleep habits, eating well balanced meals)



**06**  
Encourage them to stay physically active. Exercise can be a great way to boost mood and reduce stress



**07**  
Remind them that you are there for them to help, guide and support



**08**  
Be patient and understanding. Listen to what they are saying



**09**  
Guide them towards helplines or mental health websites that offer advice



**10**  
Work with them as a team to learn some coping skills that you can practise together





The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore reminding parents that Cardinal Wiseman Catholic School helps protect our pupils online by working with National Online Safety, providing resources for all parents and carers.

You can access National Online Safety online via any device, including via the smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id153034237>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

If you have any concerns, please contact any member of the Safeguarding Team here at Cardinal Wiseman Catholic School.

