



Newsletter

September is dedicated to Our Lady of Sorrows

Newsletter Issue 145

17 September 2021

Dear Parents and Carers

September is the month the Church dedicates to “Our Lady of Sorrows”. This is one of the many Marian devotions within the Church and reflects on the difficult or sorrowful moments in Mary’s life. From losing Jesus in the temple to placing Him in His tomb Mary’s life was certainly not easy and September is set aside by the Church to reflect on her suffering. It might seem like an unusual thing for the Church to reflect on but there is a very important reason for this month's devotion. Throughout all of her suffering, Mary never gave up or swayed in her trust in God. Mary persevered and trusted completely in what God had laid in front of her and the last words spoken by Mary in the Bible illustrate her trust perfectly “do whatever he tells you”.

Resilience is one of the four values we work to instil in our students here at Cardinal Wiseman. It is such an important skill for life that enables us all to persevere through difficult times and overcome obstacles. The last 18 months have been filled with such challenges and it has been brilliant to see our students handling these with a spirit that has inspired staff across the school. As the year continues it will be filled with triumphs, successes and joyful moments but it is important that just as we celebrate these, we do not lose sight of the path God has laid out for us when times are tough. We pray that Mary’s inspiration will stay with us throughout this year.

Tom Machin
Lay Chaplain



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Cardinal Wiseman Opens New Theatre

Cardinal Wiseman Catholic School started the academic year by opening its new 288-seat theatre and our Year 7 students were the first to see it last week.

The development has seen the school hall transformed and includes automatic seating, the latest audio visual equipment, professional lighting and a hi-tech sound system.

Mr Everett said: "We are extremely pleased to have transformed what was a 1960's-style school hall into a professional theatre facility. At Cardinal Wiseman we strive to develop the whole child, and this will provide our students with a space where they can proudly hold performances and events as well as learn more about the theatre industry.

It will also be a fantastic resource for the whole community. We look forward to welcoming everyone from clubs and schools looking for spaces to rehearse or perform, to those wanting to hold competitions or events with theatre-style seating."



The theatre will be open to prospective students and their families as part of the school's Open Evening being held on 21 September, 6.00-8.00pm.



“Rising Writers” After School Club

Could you be a future
Pulitzer Prize winner?

Join other aspiring writers every Tuesday
from 28 September in FR05.

Miss Afzil

Language After School Clubs

Anyone interested in learning languages is
welcome to attend after school clubs.

Different clubs will be taking place
Monday - Thursday 3.30 - 4.30pm in
RM03.

This could also be a great opportunity for those
who would like some help with French.

See Mrs Williams for details.



If any students from Years 9 -13 are interested in starting a Duke of Edinburgh's Award, please attend an after school meeting in AQ01 on Wednesday 22 September. Thank you.

Ms Jefferson

The Importance of Punctuality

What?

We have a clear policy to prevent those who are late from disturbing learning for those on time.

What?

What we do

How?

How we do it

Why?

It gives you a better education and reputation

How?

We have a clear start time to the school day, with sanctions for lateness, just as any workplace does.

Why?

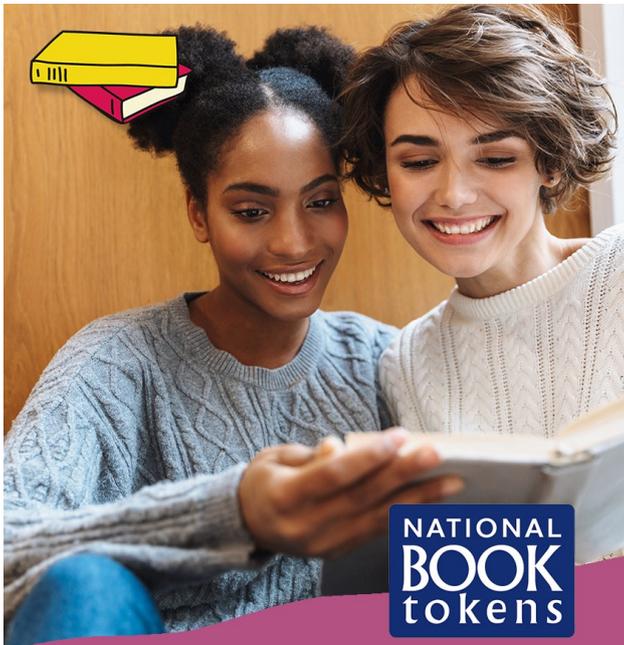
- Being on time is an indicator of respect; for others and yourself.
- It demonstrates that you and your family value education.



International Day of Democracy 2021



The school marked International Day of Democracy on Wednesday with a special assembly presented by Mr Bench, Head of History. The presentation gave a history of democracy including the Magna Carta and the Suffragettes. It went on to explain how a general election works in Britain and how important it is for young people to get involved in the process thereby protecting our human rights and freedoms.



**WIN £1,000 of
National Book Tokens
for an awesome
young adult!**

nationalbooktokens.com/yabooks

**They can change the world. Give them
the books they need to do it.**

National Book Tokens are inviting families and friends of 16 to 24-year-olds to nominate them to **win £1,000 of National Book Tokens** to spend on textbooks, novels and academic texts – young people can nominate themselves, too!

If you win, not only will the nominated student's reading list be sorted, but the entrant will also get a £50 National Book Token for themselves.

This prize draw closes on Sunday 31st October.

Click on the following link for more details:

www.nationalbooktokens.com/yabooks



Polite Reminder

Collier Place, off Woodway Lane, belongs to a home for the elderly and it is important that it is kept clear for ambulances and visiting care workers.

The police have received complaints from residents, regarding parents using the Collier Place parking area when collecting students after school.

Please could parents be considerate and avoid parking there even for a short time.

Thank you.



CATERING SERVICE



MENU A



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>meat dish ... meat dish ...</i>				
Hot n Spicy Chicken Fillet Burger Spicy Potatoes Wedges, Onion Rings Salad, & Dips	Homemade Classic Beef Lasagne Mixed Salad & Garlic Bread	Roast of the Week Roast Potatoes Mixed Vegetables & Gravy	Sweet & Sour Chicken Hong Kong Style Egg Fried Rice Mini Vegetable Spring Rolls	Battered Fish & Chips Baked Beans Or Mushy Peas & Curry Sauce
<i>vegetarian dish ... vegetarian dish ...</i>				
Quorn Beef Style Burger Spicy Potatoes Wedges, Onion Rings Salad, & Dips	Macaroni Cheese Garlic Bread & Roasted Vegetables	Roast of the Week Roast Potatoes Mixed Vegetables & Gravy	Stir Fried Vegetable Chow Mein Mini Vegetable Spring Rolls	Cheese & Tomato Pizza with Chips Mushy Peas, Baked Beans Curry Sauce
<i>vegetarian dish ... vegetarian dish ...</i>				
Jacket Potato With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	Jacket Potato With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	Jacket Potato With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	Jacket Potato With a Choice of Fillings Cheese, Tuna, Beans Coleslaw	Jacket Potato With a Choice of Fillings Cheese, Tuna, Beans Coleslaw
<i>And There's More.... And There's More....</i>				
Selected Sandwiches, Wraps	Selected Sandwiches, Wraps	Selected Sandwiches, Wraps	Selected Sandwiches, Wraps	Selected Sandwiches, Wraps
<i>pudding ... pudding ...</i>				
Assorted home-bakes Cakes & Biscuits	Assorted home-bakes Cakes & Biscuits	Assorted home-bakes Cakes & Biscuits	Assorted home-bakes Cakes & Biscuits	Assorted home-bakes Cakes & Biscuits
If you have specific dietary requirements - Please ask for advice or Allergen information				



Part of our Social Media & Live Streaming Series



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NOS National Online Safety
www.nationalonlinesafety.com

What you need to know about...

FRIENDS & FOLLOWERS



What are they?

'Friends & Followers'

What makes social media actually 'social' are the connections users make with other users on the platforms. Every social networking site handles these connections differently, calling them 'connections', 'friends' and 'followers', amongst others. Having friends and followers is how we find out what other people say and do. Your friends and followers are much more likely to see your online content than those outside of your network, which is why it's important to be mindful of who you connect with and what you share. On some platforms, if two accounts follow each other, this may allow additional communication channels such as private messaging.

Ellie-May
FRIENDS ✓
28 Followers

Oscar
FRIENDS ✓
147 Followers

Kumail
FRIENDS ✓
63 Followers

Jada
FRIENDS ✓
56 Followers

Amelia
FRIENDS ✓
45 Followers

Know the Risks

Access to private information

This may include your child's home address, school, date of birth, names of siblings or other relations, as well as seeing photos that inadvertently contain sensitive information. This is completely harmless information for genuine friends or family but could cause issues in the hands of a criminal.



Catfishing

'Catfishing' is the common name given to an individual posing as someone else on social media. They do this to try and befriend typically young and vulnerable people who they look to then take advantage of. Unfortunately, there are many examples of this happening across the world that have had real-life consequences.

Online bullying

Once a connection is made on social media, there is the potential to send private messages between individuals. It is difficult for social networks and other users to see what is being said between accounts. This provides an opportunity for bullies to victimise individuals and can create a dangerous spiral of online activity.

Safety Tips

Check privacy settings

Platforms such as Facebook allow users to modify their privacy settings, which means people who are not friends can't see all your profile information. It's also possible to hide this information for some or all of your connections. Always make sure your child's accounts are set to private.



Talk about strangers

Make sure children understand that they should only connect with people that they know or can completely trust. They should be wary of anyone messaging them frequently who they don't know in real life or have never spoken to or actually seen online. Catfish will stick to text-based messaging only, to keep their identity secret.

Delete old connections

Children should be mindful that everything they share will probably exist online forever and that they shouldn't share anything that gives too much information away. Every now and again, they should delete old connections that they no longer spend time with. Old accounts can easily be hacked, exposing personal information to strangers.

Further Support

Encourage an open dialogue

It's really important that your children knows that they can speak to someone about anything they're not sure of online. It's crucial that they know they won't be judged or told off for anything they've done; it's far more important to know if they're in danger or worried about something.

Seek additional guidance

If your child wants to spend a lot of time online and is displaying compulsive or addictive behaviour, is negative, struggles with schoolwork and reduces real-life interactions or has frequent changes in mood, they could be experiencing negative interactions online. Speak to them and seek support from their school or your local safeguarding team if you think your child has been affected.

Our Expert Emma Davis



Emma Davis is a cyber security expert and former ICT teacher. She delivers cyber awareness training to organisations nationally and has extensive knowledge and experience of managing how children access services and apps online.

