



**Cardinal Wiseman
Catholic School**
Part of The Romero Catholic Academy



Sports Day Friday 16 July

Newsletter

Newsletter Issue 142

16 July 2021

Dear Parents and Carers

As we approach the end of the academic year, I would like to thank you for your continued support during these difficult past few months. Covid-19 restrictions have been incredibly challenging and frustrating for all but, as a school community, we have very much enjoyed returning to a more normal way of working and being able to celebrate events like the Year 11 Prom, Sports Day and It's a Knockout.

Some staff are sadly leaving at the end of this year for pastures new: Mr Maddick, Mr Moore, Miss Healey, Mr Parker, Miss Sandhu and two longer serving members of staff, Mr Bieganski and Miss McClelland (who, coincidentally, also attended Cardinal Wiseman as a student). We wish them all the best for the future.

I hope that you and your family have a wonderful summer break and look forward to returning to school in September. Have a happy, holy, and restful break.

God bless

Mr Everett
Principal

Important Notice

School closes 12.30pm on Wednesday 21 July
Friday 3 and Monday 6 September - School will be closed for staff training
All students to return to school on Tuesday 7 September



024 7661 7231



admin@cardinalwiseman.coventry.sch.uk

www.cardinalwiseman.coventry.sch.uk

Instagram: [@officialwisemancoventry](https://www.instagram.com/officialwisemancoventry)  [@officialwiseman](https://twitter.com/officialwiseman) Facebook: Cardinal Wiseman Catholic Secondary School



A Message from Mr Forinton, Head of Year 7 and Mr Hingley

As your first year at Cardinal Wiseman Catholic School nears its end, Mr Hingley and I are so proud of how determined and resilient you have all been navigating what has been a tricky year. Attendance and behaviour has improved vastly and we look forward to further improvement in Year 8.

Extra curricular clubs have proved very popular amongst you all and we're looking forward to seeing lots of you representing Cardinal Wiseman next year in school productions and sports fixtures as we return further to normality.

Mr Hingley and I feel so privileged to work with such an amazing group of students each day and are both already looking forward to September where we will see you progress and develop further into wonderful young people.

A Message from Mr Nagle, Head of Year 8

I would like to take a moment to congratulate you all for your resilience. This academic year has been very challenging with lockdown, isolation and remote learning. I have been very impressed with you all and your ability to overcome the obstacles that have been put in front of you.

Year 9 is a very important year where we focus more on the future. We will start considering your careers after school and choosing your options that will enable you to realise your ambitions.

The Year 8 team pray that our summer will be one of rest and safety and that we will return to our school community in September full of joy and excitement for the year ahead. Stay safe.

A Message from Miss Lindsay, Head of Year 9

I would like to say a huge congratulations to Year 9 on completing Key Stage 3 at Cardinal Wiseman School. Yet again you have all embodied one of our core values, Resilience, throughout this unprecedented school year.

As we move into Key Stage 4 and begin to return to normality, I want to thank both students and parents/carers for overcoming every obstacle, whilst continuing to be a great support network for us here. We hope to see the end of isolation periods, which means the end of the dreaded home schooling and online learning (I'm sure there will be a sigh of relief here!). However, I would like to highlight how amazing Year 9 have been with their mature approach to it all.

Our students have taken everything in their stride and it is a great honour to be a part of their journey as they progress into Year 10.

Have a well-deserved break and stay safe!



KEY STAGE 4 NEWS

A Message from Mr Lambert, Head of Year 10

It has been an incredibly challenging year for all of us in many different ways. I am immensely proud of the fact that despite the challenges you have all faced, you continue to strive to better yourselves, and show unwavering commitment to your learning.

We will start again in September, your Year 11 year and your GCSE year. Your form tutors, your class teachers and I will be right there with you, every step of the way, pushing you to be the very best version of yourself that you can be.

Have a restful summer break.

KEY STAGE 4



SIXTH FORM NEWS

A Message from Mr Kingshott, Head of Sixth Form

Reflecting upon what has been another extraordinary year, I am immensely proud of how our Sixth Form students have coped with the challenges of Post 16 study. Despite interruptions caused by lockdowns, they have remained resilient and determined. They have engaged positively in online lessons, persevered with their learning, met coursework deadlines, prepared for and sat examinations. They are an incredible group of young people.

As life slowly returns to some level of normality, it's time to look forward to next year. Our Year 12 students will transition to Year 13. As you would expect, the Sixth Form team and teachers will continue to provide academic and wellbeing support and ensure that they are prepared for the examinations that will mark the end of their Post 16 courses. Importantly, we are excited to resume activities that mark the wider experience offered to Wiseman Sixth Form students: fundraising, mentoring younger students, first aid training, sports leader courses and university visits to name a few.

We also send our Year 13 students into the adult world with all our best wishes; whether it's university, further study or work, I hope you all flourish and become the young adults you're capable of being. Remember, you are alumni of Cardinal Wiseman Sixth Form and we will always be here if you need help, advice or a friendly voice to talk to.

Take care and very best wishes for a peaceful summer holiday

SIXTH FORM



SPORTS DAY



On Friday, despite many set backs, the students were able to enjoy the heats for the House sports challenges in glorious sunshine.

Students from Years 7, 8 and 9 competed in a whole host of events including football, tennis Danish long ball, netball and basketball.

The finals and "It's a Knockout!" will be taking place next week.



Going somewhere exciting this summer? Take a book with you and enter...

The Library **EXTREME READING** Competition!

You could be reading prose at the park, a biography on a boat, literature at Legoland, a murder mystery at a museum or a crime drama at Coombe. Wherever you are, photograph yourself reading in an unusual place and you could win a £10 Amazon voucher.

This is open to staff and pupils and the closing date is:

Friday 17 September

Email your photos to:

cgould@cardinalwiseman.coventry.sch.uk

Have a great summer of reading!



Call Us on 01926 911403 / 07940 243144.

Book Online at Coventry-haf-summer-programme.myshopify.com or use QR Code below

Coventry's 2021 **Ages 11+**

FREE places
with HAF
code or £10

Leading
Alternative
Education
Provider

HAF

HOLIDAY

ACTIVITY

FOOD

Mini Olympics
Animation
Dodgeball
Dance + Drama
Cookery Classes
Music + Games

Programme
Daily from 22nd July – 2nd September

**Sign up
now!**

**PE Progressive
Education**

Providing the tools for a life of learning

FREE Hello Fresh
boxes delivered to
your home for all
eligible FSM
children.

Department
for Education

**Summer of
Fun 2021**



**Hello
FRESH**



Printed by

CWP

Coventry & Warwickshire Print Ltd.



Coventry SEND



Special Educational Needs and Disability
Information, Advice and Support Service



Select the link below to access the “In Partnership” SEND IASS ebulletin July 2021

This bulletin includes a number of pointers towards activities taking place over the summer period, and details of some of the [City of Culture events](#) taking place. Many of these are free, are in different areas of the city and give opportunities for young people to enjoy something a little bit different.

<https://content.govdelivery.com/accounts/UKCOVENTRY/bulletins/2e5255c>

Covid-19 Updates

This week, the Prime Minister announced that Step 4 of the roadmap will go ahead on Monday 19 July which includes:

1. **Changes to contact tracing in education and childcare settings:** letter can be accessed [here](#).
2. **Update on the use of face coverings on school, college and public transport:**



The Prime Minister also said ‘we expect and recommend people wear a face covering in crowded and enclosed spaces where you come into contact with those you don’t normally meet such as on public transport’.

The Department of Education has therefore updated their operational guidance for settings and now recommends that face coverings are worn on dedicated transport to school or college.

This will be kept under review.



SAFEGUARDING



'Likes' are a simple way for users to show that they like a post on social media. This could be anything from photos and videos to status updates and comments. The feature is widely used on several social media platforms and is extremely popular on Instagram and Facebook. It is often used by children to measure the success of their social media post and gauge opinion. However, it can also bring a number of social pressures, particularly if users start to question their own levels of popularity.



What parents need to know about **SOCIAL PRESSURES LINKED TO 'LIKES'**



DAMAGING TO SELF-ESTEEM

Your child may use likes to measure their own self-worth, with more likes instilling a greater level of confidence and acceptance amongst their friends and peers. However, children who only receive a small number may in turn feel a sense of rejection or isolation and could potentially suffer from low self-esteem issues, impacting them in other aspects of their life such as at school or in social settings.



UNREAL VIEW OF THE WORLD

Your child may follow celebrities or other popular individuals on social media who receive millions of likes. Not everything on social media is a true reflection of the world and your child may feel pressured into behaving in a similar way in real life or posting similar material in order to feel popular and achieve a similar level of self-worth.



AN ADDICTIVE FEATURE

Like features encourage children to stay online for longer. In doing so, your child is likely to engage with app's for longer periods than they otherwise would have wanted, checking their phone more frequently, including at night when they should be asleep. This could contribute towards screen addiction which can cause sleep deprivation and consequently a lack of focus during the next day at school.



COMPETITIVE CULTURE

Children will often compare the number of likes they receive for their post against their friends or followers, possibly evoking emotions of jealousy or resentment. In a bid to increase their own status and receive more likes, this could lead to a competitive culture in which children try to better one another, potentially leading to them engaging in more and more riskier activities.



Safety Tips For Parents

FOLLOW OR BEFRIEND YOUR CHILD ONLINE

Using the same social media sites as your child and connecting with them online will allow you to keep an eye on what their interests are and who may be influencing them. Following their likes will help you build a picture of what your child is being exposed to and what they find interesting.



MONITOR MENTAL HEALTH

If your child does post on social media, it is important to monitor their feelings and emotions, supporting them and encouraging them to talk to you about what they may be experiencing. Explain to them that not everything online is real and that life is not dictated by how many likes a post may or may not get.



ENCOURAGE HOBBIES OR OTHER ACTIVITIES

Try to help reduce your child's screen time and need for social media through encouraging them do other things such as a sport or hobby or simply playing with friends outdoors. Supporting them to take up other activities that they enjoy can also help build self-esteem and increase their own confidence.



DISCUSS THE REAL WORLD

Talk to your child about online perceptions and about what they feel is and isn't important in their life. Try to establish an open and honest conversation and speak about what they feel is acceptable to post online and if they feel pressure to conform.



HELP TO BUILD YOUR CHILD'S SELF-ESTEEM

Try to help build your child's self-esteem through positivity and praise and listening to them if they are struggling with the way they look or feel. Talk to them about the positive aspect of their personality and help them understand that looks aren't everything. Try not to criticise or blame your child which could compound any negative thoughts they are already feeling.

Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



<https://www.independent.co.uk/life-style/gadgets-and-tech/facebook-like-inventor-deletes-app-iphone-justin-rosenstein-addiction-fears-a7986566.html>, <https://www.childrenscommissioner.gov.uk/wp-content/uploads/2018/01/Childrens-Commissioner-for-England-Life-in-Likes-3.pdf>, <https://www.psychologicalscience.org/news/releases/social-media-likes-impact-teens-brains-and-behavior.html>



The Romero Catholic Academy
Nurturing the Talent of Tomorrow
www.romeromac.com

Cardinal Wiseman Catholic School
Potters Green Road, Coventry, CV2 2AJ

t: 02476 617 231

e: admin.cw@romeromac.com

W: www.cardinalwiseman.coventry.sch.uk

Principal: Mr M Everett