

Health and Social Care

Transition Booklet

Year 11 to Year 12

Welcome and Introduction

Welcome to the Cambridge Technical Health and Social Care course, the PE department and I hope that you will enjoy the study of Health and Social Care over the next two years in an area that offers lots of opportunities to develop skills and knowledge that will provide you with a compass for life.

The expectation is that you will complete the tasks set in this booklet prior to your first lesson so that you are able to make a great start to the academic year.

If you have any questions or queries regarding the course please do not hesitate to contact me on:
rblair@cwcscoventry.co.uk

Best Wishes

Mr Blair

Cambridge Technicals Level 3

The Cambridge Technicals Health and Social Care provides you with practical opportunities to be able to develop core skills that will allow you to progress onto University, apprenticeships or employment. The pathways that you will study will further enhance your ability to move into a variety of roles studied in Health and Social Care.

Course Overview

Over the two years you will study a variety of units including:

- Unit 1 - Building positive relationships in health and social care
- Unit 2 - Equality, diversity and rights in health and social care
- Unit 3 - Health, Safety and security in health and social care
- Unit 4 - Anatomy and physiology for health and social care
- Unit 10 - Nutrition for health

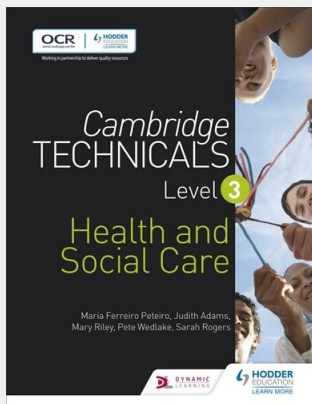
The method of study will vary depending on the subject that you are studying at the time. Three of the units are an external examination whilst the remaining units are internally assessed coursework that is completed in lessons and at home in your own time.

Resources and Textbooks

In September, please ensure that you have the following for your first lesson:

- Chromebook (You will use this for research, note taking and producing coursework)
- A lever arch folder
- Dividers
- Plastic wallets
- A4 lined paper
- Pens, pencils, rulers and highlighters

It is strongly recommended that you purchase the following book as this will be an invaluable resource for you to complete your coursework and revise for exams over the two year course:



Author:

Maria Ferreiro Peteiro, Judith Adams, Mary Riley

ISBN:

9781471874765

Publisher:

Hodder Education

Date:

September 2016

Task 1 - Building positive relationships in health and social care

Learning Outcome 1 - Understanding relationships in health and social care or child care environments

Title: About you

List the different types or relationships you have in your life.

[illegible]

Now explain the key attributes of the relationships you have, e.g a relationship with a member of staff in school would be a working relationship and the key attributes would be working together to achieve the best grades possible

[illegible]

Task 2 - Building positive relationships in health and social care

Learning Outcome 1 - Understanding relationships in health and social care or child care environments

Title: Relationship Types in Care

(i) Research one of the three different care environments; Health Care, Social Care or Child Care.

If you choose Health Care or Social care you may find the Care Quality Commission's website a useful source of information:

Organisation: Care Quality Commission

ResourceTitle: Services we Regulate

Website Link: <http://www.cqc.org.uk/content/services-we-regulate>

Description: An A-Z of Health and Social Care Services that are regulated

If you choose Child Care you may find Pacey's website a useful source of information:

Organisation: Pacey

Resource Title : Types of childcare

Website Link: <http://www.pacey.org.uk/parents/choosing-great-childcare/types-of-childcare/>

Description: Types of childcare

(ii) List and explain the different types of relationships that exist and develop a powerpoint presentation on the types of relationships in your chosen setting.

Task 3 - Building positive relationships in health and social care

Learning Outcome 1 - Understanding relationships in health and social care or child care environments

Title: What relationships when?

- (i) Research the important differences between formal (i.e. Professional working relationships) and informal (i.e. personal relationships with partners, families and friends) relationships.**
- (ii) Explain the different skills and approaches depending on their context and put this into a word document.**

A useful web resource for the topic of formal relationships could be: Organisation: NICE (National Institute for Health and Care Excellence) Resource Title: Your relationship with health and social care professionals Website Link:

<https://www.nice.org.uk/guidance/cg136/ifp/chapter/Your-relationship-with-health-and-social-care-professionals>

Description: An account of the formal relationships that people who use adult NHS mental health services can expect from professionals.

A useful web resource for the topic of informal relationships could be: Organisation: Mencap Resource Title: My Friends – Monim and Jay on darts and dating Website Link:

<https://www.youtube.com/watch?v=6LTYqz4xkH8>

Description: A short 3 minute video (that can also be downloaded with a text transcript) that describes the informal relationships that Monim and Jay (two friends who have learning disabilities) have with each other and others.

Task 4 - Building positive relationships in health and social care

Learning Outcome 1 - Understanding relationships in health and social care or child care environments

Title: What relationships when continued?

(i) Using the information you gained from Task 2 and Task 3 think about other relationships contexts that exist and consider how relationships can occur with one individual (on a one-to-one basis) and collectively with others in a group.

Examples of One to One Relationships could include: A patient and his GP in the GP's surgery (health), A young person in foster care and his social worker in a meeting at the young person's home (social care) and a mother and her child at a nursery open day (child care).

Examples of Group Relationships could include: A group of nursing professionals at a conference (health), a team of carers supporting a group of individuals who have multiple disabilities participate in a craft activity in the lounge (social care) and a father and advocate supporting a child with autism spend an afternoon at home with three of the child's friends (child care).

(ii) Provide examples of your own relationship contexts within school or a working environment and add this to your word document in your previous task. Describe your relationships and how your interactions are within these contexts.