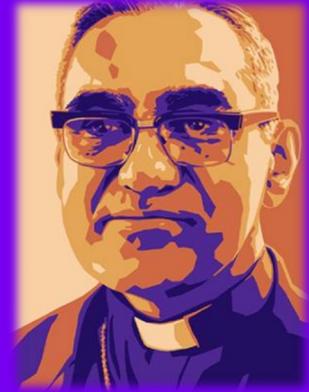




**Cardinal Wiseman
Catholic School**
Part of The Romero Catholic Academy



Saint Oscar Romero
15 August 1917-24 March 1980

Newsletter

LEADERSHIP UPDATE

Newsletter Issue 94 20 March 2020

Today, Friday, was the funeral of Fr Bob Wright, of St John Fisher, who we love and miss dearly. The service was beautiful and truly celebrated the life of a man who had a profound impact on the lives of thousands of members of our community. It was touching to see how many were there in person and how many joined the video link to offer their condolences.

It was with great regret that we learnt of the school closures announced earlier in the week by Boris Johnson, as this is one of the more exciting times of the year as the weather improves and our students get themselves well and truly into the mindset needed for terminal examinations. Sadly, that will no longer be the case as we play our part in stopping the spread of Covid-19.

The 24 March is the anniversary of Saint Oscar Romero, whom our MAC is named after. The final words of his homily before he was assassinated are even more pertinent now than they have ever been:

"We know that **every effort to better society**, especially when injustice and sin are so ingrained, is an effort that **God blesses, that God wants.**"

Our effort to make society better has taken a strange and unprecedented twist, but as Saint Oscar Romero said, 'we are a community of hope' and we too hope that this pandemic will be swift so that we can all get back to a normal way of living and learning.

The school will be open to a small number of students next week, and it is important to re-emphasise the following points from the government: **"the government has asked parents to keep their children at home, wherever possible, and asked schools to remain open only for those children who absolutely need to attend."** You will have noted that the list of key workers from the government is extensive, and schools have been advised to operate at no more than 10-20% of their normal capacity, therefore it is essential that these places are for those who need it most. Please therefore note the following government guidance: **"Many parents working in these sectors may be able to ensure their child is kept at home. And every child who can be safely cared for at home should be."**

From Monday, there will be a link on the homepage of the website for students to contact the school if they have concerns regarding Safeguarding, Teaching and Learning, and Food and Welfare. This information will go to our staff, who will all still be working. We will leave you with some final words of Saint Oscar Romero that seem fitting in a time where panic buying and storing up food for oneself is becoming more and more prevalent:

Aspire not to have more but to be more, not to grab everything but to give abundantly to others.

God bless.

IMPORTANT INFORMATION

The link below will take you to the latest information on Coronavirus translated into 20 different languages:

<https://www.doctorsoftheworld.org.uk/coronavirus-information/>



024 7661 7231



admin@cardinalwiseman.coventry.sch.uk



www.cardinalwiseman.coventry.sch.uk



YEAR 7 LOOK FORWARD TO SUMMER



This week, members of 7A started a project to sow wild flower seeds in one of the school's many green areas, in order to create a meadow for bees and butterflies to use for energy in the summer months.

Chloe already grows flowers, plums and cucumbers in her garden at home and she said, "Our meadow will make our school look a bit brighter".

Bernessa enjoyed gardening in her primary school allotment and she can see the benefit of supporting nature. Georgia has been inspired to create her own meadow with wild flower seeds that she recently found in a local supermarket.

Bernessa added that she, "Can not wait until May to enjoy our beautiful meadow and all the wildlife that will thrive there".

ACCELERATED READER

The Accelerated Reader stars this week are **Maria Amin**, 7C, our latest word count double millionaire and **Denzel Matigi**, 7B, for reaching one million.

Denzel has been reading the Alex Rider series, among other things. These brilliant books by Anthony Horowitz are soon going to appear on television. The series will be based upon *Point Blanc*, the second book in Horowitz's series, following *Stormbreaker*. It follows the teenager-turned-spy, and will star Vicky McClure (*Line Of Duty*), Stephen Dillane (*Game of Thrones'* Stannis Baratheon) and rising star Otto Farrant as Rider.





KEY STAGE 4 NEWS

YEAR 10 PHOTOGRAPHY TRIP

Year 10 Photography students enjoyed the morning at the Herbert Art Gallery, enjoying the exhibition 'Quinn's Journey'.

'Quinn' is an installation by photographer, artist and writer Lottie Davies.

It is the fictional story of a young man, William Henry Quinn, who walks from the south west of England to the far north of Scotland in post-Second World War Britain.



The project comprises large-format photographs (see left), moving image pieces, ephemera and text vignettes, taking the viewer through a 'multi-dimensional' experience.



SIXTH FORM NEWS

SIXTH FORM AND BEYOND...

Former Cardinal Wiseman student, and star of many school drama productions, **Jordan McKampa**, has been making a name for himself in the music industry since the release of his critically acclaimed "Physics" EP in 2016.

He has just released his first album, *Foreigner*, and is preparing to perform a headline tour across the US, UK and Europe.

Although now London based, he says, "Living in Coventry definitely helped with my song-writing style, in terms of lyrics and phrasing because of the strong indie folk and ska scene".





CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES

A letter from the President and Vice-President on behalf of all the Bishops of the Conference

Dear Brothers and Sisters in Christ,

In response to the Coronavirus pandemic, so many aspects of our lives must change. This includes the ways in which we publicly express our faith. It is very clear that, following official advice and in order to keep each other safe, save lives and support the NHS, at this time we must not gather for public acts of worship in our churches. This will begin from Friday evening, 20th March 2020, until further notice.

Our churches will remain open. They are not closing. They will be a focal point of prayer, where you will find solace and strength. In visiting our churches at this time, we will observe with great care the practices of hygiene and the guidance on social distancing.

However, the celebration of Mass, Sunday by Sunday and day by day, will take place without a public congregation.

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

We want everyone to understand that in these emergency circumstances, and for as long as they last, the obligation to attend Mass on Sundays and Holy Days is removed. This is, without doubt, the teaching of the Church (Catechism of the Catholic Church 2181). This pandemic is the 'serious reason' why this obligation does not apply at this time.

You will find more details about the pathway of prayer and sacramental life we are now to take in the accompanying document and on the Bishops' Conference website (www.cbcew.org.uk). Your own bishop and parish priest will provide further support, encouragement and information about our way of prayer together in the coming weeks.

The second vital aspect of these challenging times is our care for each other. There are so many ways in which we are to do this: being attentive to the needs of our neighbour, especially the elderly and vulnerable; contributing to our local food banks; volunteering for charitable initiatives and organisations; simply keeping in touch by all the means open to us.

During these disturbing and threatening times, the rhythm of the prayer of the Church will continue. Please play your part in it. The effort of daily kindness and mutual support for all will continue and increase. Please play your part in this too. For your commitment to this, we thank you.

*'The Lord is my shepherd,
There is nothing I shall want.'*

May God bless us all.

+ Vincent Nichols

Vincent Cardinal Nichols
President

+ Malcolm M^c Mahon OP

Archbishop Malcolm McMahon OP
Vice-President

18th March 2020

Lent in Isolation

**Lent in Isolation provides daily readings, a homily from a priest
and an act of spiritual communion.**

If you wish to subscribe to Lent in Isolation,

[please follow this link.](#)

ChatHealth Messaging Service

Text your school nurse or Health Visitor

During these unsettling times, as a parent of child aged between 0-19 year olds, you may be worried about your child's health and wellbeing and be unsure about how to get the help you need.

Our school nurses and Health Visitors are still here to help - you can text them for confidential advice and support on a wide range of issues.

Parent/carers of child(ren) aged 0-19 can send a text to: 07507329114

We can help with all kinds of things like:

- Behaviour
- Continence
- Emotional health
- Self-harm
- Bullying
- Minor illnesses

Your ChatHealth messaging service is run by Coventry Family Health and Lifestyles Service and is available 08:30am-5pm.

We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact your GP, NHS 111 or dial 999 if it is an emergency.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

How to clean DEVICES

Our electronic devices can be a breeding ground for germs and bacteria. Many viruses, including coronavirus, can stick around for several hours or even days after being touched by or otherwise coming into contact with an infected person. With that knowledge, keeping them clean can be as important as keeping ourselves protected in order to avoid becoming ill and maintaining a high level of hygiene and cleanliness. We have therefore created this guide to help you clean your devices effectively.

Always

Use wrung out alcohol wipes. Apple state that using a 70% isopropyl alcohol wipe or disinfectant wipe is ideal for the outside of a handset. To be on the extra safe side, power down the device before cleaning it. If you use a screen protector or protective case, you can clean these gently with warm water and soap. Just make sure you remove them from the phone first. While you CAN use general disinfectant spray, make sure it's sprayed onto a clean, soft cloth first, and not applied directly to the device. It will need to say something along the lines of 'kill 99.9% of bacteria' on it to be effective.

Turn the laptop all the way off before starting any kind of cleaning and always unplug it from the mains. If you can remove the battery of the device, do so. Wipe the screen with a dry microfibre cloth, then thoroughly wring out an alcohol wipe and repeat before returning with a dry cloth. The rest of the laptop can be cleaned with an alcohol wipe, much like a mobile phone, but be careful to wring it out to avoid unnecessary liquid dripping into the inner circuits. Be sure to clean thoroughly on and around the keys and any other buttons, but not between any open cracks.

Remove any batteries the controller might use (Xbox controllers sometimes have batteries in the back). Use alcohol wipes and be sure to get into the crevices around the sides as well as all the buttons on a video game controller, then dry it immediately with a microfibre cloth. On a console, pay specific attention to things like the power buttons and disc/cartridge eject buttons if there are any. If you have a vacuum cleaner with an appropriate attachment, use this to remove things like dust or food prior to using an alcohol wipe. A microfibre cloth will also do the job but make sure it's clean and dry before you use it.

Use alcohol wipes like with laptops and keyboards. Make sure they're unplugged and leave them to dry a little after using disinfectant wipes. If you have a Hoover with the right attachments, be sure to give it a once over first to remove food and debris. Compressed air is also great for keyboards. Use short, sharp bursts and aim to push dust towards somewhere you can Hoover it easily. Lightly dampen a cotton swab with rubbing alcohol and be sure to get between the keys as much as possible. Things like mice, headphones and microphones also need to be disinfected with wipes. If your keyboard is wireless, remove the batteries before you clean it. Don't let any moisture leak inside the keyboard and dry them with a clean microfibre cloth.

Never

Don't submerge the device in bleach or soapy water. Similarly, do not clean the device whilst it's charging or otherwise plugged into another device. Using alcohol wipes on things like leather cases or other fabric and material should also be avoided as it could damage them. Don't clean phone cases with in-built batteries or other electronics with soap and water. A big thing to remember is to not use straight rubbing alcohol. It can damage the oleophobic and hydrophobic coatings that keep oil and water from damaging the display and ports. Finally, don't use regular household surface cleaners (non-disinfectant ones) on phones and tablets - they are too abrasive and may damage them irreversibly.

As with mobiles, avoid using water to clean the more delicate parts of your laptop such as keys and ports. While some of the more modern phones can be waterproof, laptops aren't and it will almost certainly cause damage and irreparable.

Do not use soapy water or bleach on the controllers and definitely not on the console itself. Make sure controllers are unplugged and inactive before cleaning them to avoid any problems with the electronics. Similarly, consoles should not be left on and need to be unplugged from the mains before being cleaned. Stay well away from the ports on consoles too, as any liquids could damage the interior.

Don't clean them with warm soapy water. The electronics in these are not designed to be waterproof like some modern mobile phones and tablets. Also, don't use too much rubbing alcohol on keyboards as they could remove the lettering on top of keys.

MOBILE PHONES & TABLETS

LAPTOPS & COMPUTERS

GAME CONTROLLERS (& CONSOLES)

KEYBOARD & MICE



General Tips

1

Don't rub too hard. A gentle swabbing will be sufficient and excess cleaning could damage your devices. Wait a few minutes for the disinfectant to work, then wipe it clean.

2

How often you clean your electronics depends on a number of factors such as how much you come into contact with other people. Be sensible and practical.

3

Keep hands and faces as clean as possible. You'll have to wipe clean electronics less if you're nice and clean using them.

4

Remember, some germs are good and can help build a healthy immune system in children, but you can never be too careful with coronavirus.

5

Do not use regular kitchen sponges to clean devices - often they contain as many or more germs than our phones.

6

Consider using hands-free devices instead of pressing the phone to your face while making a phone call. If there's anything nasty on your phone, the last place you want it is near your face.

Meet our expert

Mark Foster has worked in the gaming industry for 5 years as a writer, editor and presenter. He is the current gaming editor of two of the biggest gaming news sites in the world, UNILAD Gaming and GAMINGible. Starting gaming from a young age with his siblings, he has a passion for understanding how games and tech work, but more importantly, how to make them safe and fun.



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www.nationalonlinesafety.com

Twitter - @natonlinesafety

Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2020



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