



**Cardinal Wiseman
Catholic School**
Part of The Romero Catholic Academy

Newsletter



Newsletter Issue 92 6 March 2020

LEADERSHIP MESSAGE

It is with deep sadness that a dear member of our community, Father Bob Wright, passed away on Thursday morning, lovingly surrounded by his family.

During Lent, we walk with Christ on his journey to the cross and share the glory of his Resurrection. Father Bob was a man of great faith, walking with Christ every day of his life.

As a community of faith, we pray for the repose of his soul; we seek peace and comfort for his family and those closest to him.

*Eternal rest, grant unto Father Bob O Lord,
and let perpetual light shine upon him,
May he rest in peace. Amen.*

*May the choirs of angels,
come to greet you, may they speed to you to paradise.
May the Lord enfold you in His mercy.
May you find the eternal life.*



IMPORTANT DATES

Year 9 Parents' Evening & Options Choices Information Evening

Thursday 12 March 5.00pm - 7.00pm

Year 10 Work Experience Launch Information Evening

Tuesday 17 March 6.00pm - 7.00pm



024 7661 7231



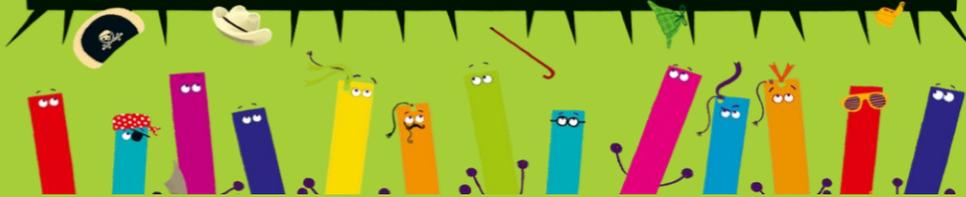
admin@cardinalwiseman.coventry.sch.uk



www.cardinalwiseman.coventry.sch.uk



IT'S WORLD BOOK DAY!



YEAR 7 & 8 CREATIVE WRITING CLUB

This week the launch of the new Creative Writing Club was announced. It is open to Years 7 and 8 and will run on Tuesdays, from next week, between 3:30-4:15pm in FR02.

Club members will be entering a competition during the first few weeks and then looking at different genres of fiction on a fortnightly basis. Students will have the opportunity to receive feedback on their work.

Miss Acton

WORLD BOOK DAY COMPETITION WINNER

Well done to all the students who entered the 'Guess Who's Reading' competition for World Book Day. However, only one got every answer correct.

Congratulations to **Kajeen Saravanabavan**, 8F, who won a £10 National Book Token.

The £1 World Book Day vouchers are still available from the library.



ACCELERATED READER

This week's Accelerated Reader hero is **Sebastian Hubbard**, 8F, who has now read over one million words this year. Well done!

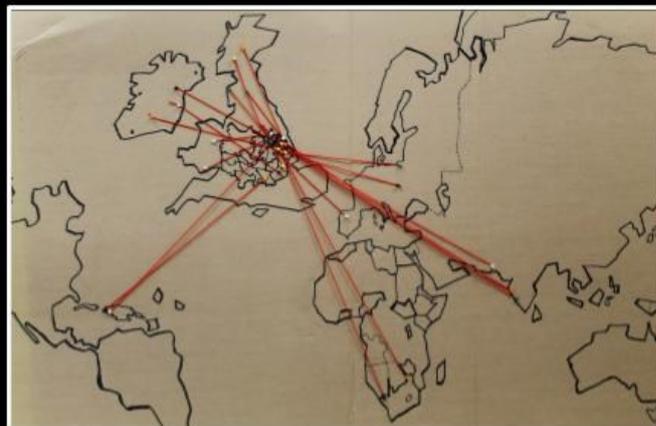


Culture on the Move



Year 10 Photography students have been involved in 'Culture on the Move' – a project that explores the cultural influence of migration on our city. They are exhibiting the work they have produced responding to this theme, in workshops led by Coventry artist, Jo Gane.

Sponsored by Imagineer



EXHIBITION

Saturday 14 March 2020

12 noon – 4pm

Skydome

Free event – All Welcome

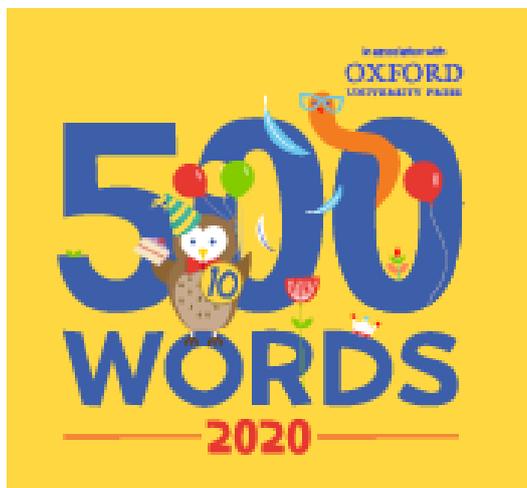


YEAR 13'S BIG BUDGET CHALLENGE

Year 13 had a rewarding morning working through Warwick University's Big Budget Challenge, in preparation for living independently next year.

It was interesting to see just how much they were prepared to spend on accommodation just to avoid sharing a bathroom! They had great fun working out how to plan their finances and hopefully this will help them to avoid needing to use an overdraft in the coming year.

Thanks once again to the student finance team from Warwick for coming in to work with our students.



The BBC Radio 2 '500 Words' is the UK's most successful short story-writing competition for children between the ages of 5 and 13.

It's super simple. All entrants must pen an original story, no more than 500 words in length, and submit it online. It can be about ANYTHING you want – space-ships, grannies, insects, time travel. The list is endless!

Use the link below for more details

<https://www.bbc.co.uk/programmes/p00rfvk1>

@ARYPT_Cov



ANDREW ROBINSON
YOUNG PEOPLE'S TRUST

IRISH CELEBRATION

WITH THE SISTERS OF MURPHY

14/03/20

LIVE MUSIC // CEILIDH DANCING //
RAFFLE // GAMES AND MORE

THE BULL'S HEAD, BINLEY ROAD, COVENTRY
DOORS FROM 7PM // BAND FROM 8PM

FREE ENTRY
DONATIONS TO THE TRUST WELCOME



Dyslexia Midlands

Family Support Network

is putting on four low-cost talks to help
parents maximise their child's exam success



1st March: Help Your Child Beat Exam Stress

The wonderfully warm and practical psychologist Dr Helen Andrews
(based in Henley) offers you strategies to really help.

8th March: Easy Ways to Boost Memory & Reduce Anxiety

Be guided through the science by extremely knowledgeable and experienced
medical herbalist Lizzie Foulon (based in Knowle).

15th March: Effective Revision

This fun, practical talk by dyslexia assessor and tutor Holly Swinton (based in
Kenilworth) combines what a century of research has taught us, with how this can be
tweaked for different children's neural wiring.

29th March: Exam Access Arrangements Explained



Sundays 10-12 at Kenilworth Centre

Suitable for parents/carers/teachers of children
of all ages, abilities, additional needs or none.

Book your seat at www.dyslexiamidlands.com

(or e-mail hollyswinton@hotmail.co.uk for a free place if your child has free school meals)

Join the mailing list at

www.dyslexiamidlands.com

to find out first about upcoming talks on
handwriting, visual stress, sensory
processing, ADHD, autism and more...





Public Health
England

There is now a new helpline to answer questions about COVID-19 related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687

Email: DfE.coronavirushelpline@education.gov.uk

Opening hours: 8am to 6pm (Monday to Friday)

Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

If there is an emergency, call 999 immediately





AFTER SCHOOL ACTIVITIES

PE Faculty Activities

- Badminton (all Years) Monday 3.30 - 4.30pm
- Sports Leadership (Years 10 –13) Tuesday 3.30 - 4.30pm
- Rugby - Wasps Coaching (KS3 Boys) Wednesday 3.30 - 4.30pm
- Health and Fitness Club Wednesday (KS4) 3.30 - 4.00pm
- Football (Girls) Wednesday 3.30 - 4.30pm
- Football (Boys) Thursday 3.30 - 4.30pm
- Dance Club Thursday 3.30 - 4.30pm
- Netball (Year 10 & 11 Girls) Thursday 3.30 - 4.30pm
- Basketball (Years 10 & 11) Friday 3.30 - 4.30pm

Languages Faculty Activities

- Polish Club (Years 7 - 9) Tuesday 3.30 - 4.00pm
- Spanish Club (Year 9) Tuesday 3.30 - 4.00pm
- Italian Club (all Years) Tuesday 3.30 - 4.00pm
- French Homework Club (for all Years) Thursday 3.30 - 4.00pm
- Latin Club (all Years) Tuesday 3.30 - 4.00pm (in RM 03)

Science Faculty

- Science Club (KS3) Thursday 3.30 - 4.15pm

RE Department

- Philosophy and Ethics Film Club (KS4) Tuesday 3.30-4.15pm

Music Department

- Whole School Choir Thursday 3.30 - 4.15pm

English Faculty

- Debating Club (KS3) Thursday 3.30 - 4.15pm FR08
- Creative Writing Club Tuesday (Years 7 & 8) 3.30 - 4.15pm FR02

See faculty staff for details

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

TIKTOK



MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overtly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.



INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing others' videos on the app.



TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities - social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.



ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.



ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.



IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.99 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



Safety Tips For Parents

TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.



USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.



ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.



EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.



LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



NEW FOR 2020 FAMILY SAFETY MODE

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital wellbeing by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing screen time, the ability to send and receive direct messages (and with whom) and the ability to restrict the appearance of content that might not be age appropriate.



SOURCES: www.tiktok.com



ATTENDANCE

Raise your Child's Attendance; Raise their Chances!

Do you know what your child's attendance is? Do you know what it means?



This is Emily.

She is in Year 7 and has **90%** attendance.

Emily thinks this is pretty good and so do her parents. Are they right?

90% attendance is the same as **missing ½ a day** of school every single week. Would your boss like you to be off work this much??? That's practically part time!

One school year at **90%** attendance means **four whole weeks** of lessons missed!!!

What impact might this have on Emily's life...?

Research suggests that 17 missed school days will reduce each GCSE result by 1 grade.

The greater the attendance the greater the achievement.

So 90% is not as good as it first seemed.

What can you do as a parent to improve your child's attendance?

- Check your child's absences regularly. Does this match your record?
 - Talk to your child regularly about school, discuss any anxieties.
 - Phone us each day that your child is ill on 024 76617231 - is our number stored in your mobile?
 - Only allow your child a day off if they are genuinely too ill to come to school - you will know!!
 - Help your child avoid issues at school by making sure they arrive in good time with the correct equipment for the day e.g. have they got their PE kit?
 - If you have concerns about your child's attendance - phone us.
 - Praise and reward good attendance: even small successes.
 - If there is a problem with your child's attendance, talk calmly to them and explain how you are going to improve it together
- Talk to us. We may be able to support you and your child to improve their attendance.

Please help your child achieve the very best at school by ensuring their attendance is as close to 100% as possible.