

# CARDINAL WISEMAN

CATHOLIC SCHOOL

Newsletter Issue 72 20 September 2019

## LEADERSHIP UPDATE

It has been a wonderful week around school as we welcomed parents and carers to our Information Evening, where various staff, and an external speaker from Elevate, talked about how exciting the year ahead will be. For our students, the journey does not end at GCSEs, and it was lovely for staff to be able to talk to parents about what their children want to study in the sixth form and where they see their journey ending in the future.

Similarly, our Y6 Open Evening was monumental, with the hall packed with families to listen to staff and students about their Wiseman experience. It was completed with Kimberley Musa singing an incredible rendition of Amazing Grace, and many of our other singers and musicians performing around the school. We are thankful and proud of all our helpers and volunteers who made the evening so successful and gave up their time to share how much they care about their school community.

In the Gospel this weekend, Matthew tells us of Jesus eating with the tax collectors and the sinners, and the Pharisees asking why Jesus would associate with them and give time to those who deserve it least. Jesus' reply was that 'those who are well do not need a physician, but the sick do.' This is a reminder to all of us that sometimes we need to take stock of who really needs our help and guidance, as often it can be those who challenge us and seem most reticent to engage with us that truly need our help the most.

Have a happy and holy weekend.

The Leadership Team



Year 11 Information Evening

# attendance **MATTERS**

Well done to all students for another great week of attendance at Cardinal Wiseman. This week we are happy to report very few absences and good punctuality to school in the morning.

We will be launching a '**100% attendance notice board**' where students can check weekly if they have made it to the **wall of fame**.

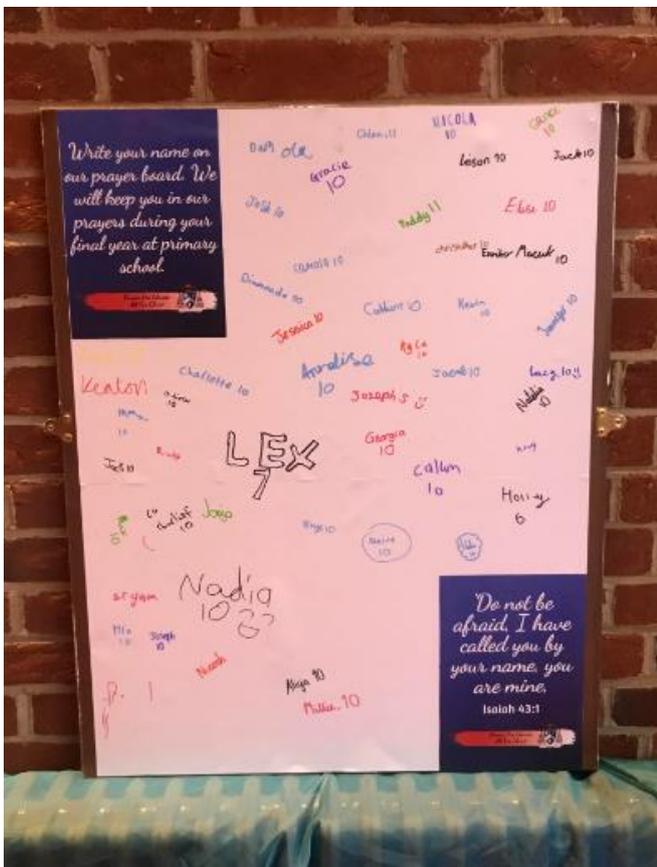
The winning tutor groups for attendance this week are:

**Year 7 - 7A**  
**Year 8 - 8B**  
**Year 9 - 9F**  
**Year 10 - 10A**  
**Year 11 - 11B**



Thank you for your support with ensuring your children are present at school each day.

The Attendance Team



## Year 6 Visit Chapel

We were excited to welcome Year 6 students to our school chapel on Wednesday during open evening.

We invited our visitors to write their names on our prayer board so we can keep them all in our prayers during their final year at primary school.



Chaplaincy Team

# YOUNG Mi MINDS

## Supporting Your Child Who Is Self-Harming

### How can I help my child?

Self-harm, or self-injury, describes a wide range of things people deliberately do to themselves that appear to cause some kind of physical hurt. It can be very hard for parents and carers to know about - or witness - self-harming behaviour in their children.

Cutting the arms or the back of the legs is the most common form of self-harm, but it can take many forms, including burning, biting, hitting oneself, banging head onto walls, pulling out hair (trichotillomania) or taking overdoses. Some argue that risky behaviours such as smoking, drinking and taking drugs and are also a form of self-harming.

There are helpful tips and videos on the YoungMinds website <https://youngminds.org.uk>



On the following page you will find more organisations and websites which may be helpful

Safeguarding

## Where else can I get help?

### [YoungMinds Parents Helpline](#)

- Call us for free 0808 802 5544 (Mon-Fri 9:30 - 16:00). Available in England, Scotland, Wales and Northern Ireland.

### [Harmless](#)

- Information, blogs and resources for people who self-harm and their families  
Email support: [info@harmless.org.uk](mailto:info@harmless.org.uk)

### [National Self Harm Network](#)

Online support forum that supports individuals who self harm.

### [CALM \(Campaign Against Living Miserably\)](#)

- Offers support to young men in the UK who are down or in a crisis. CALM is dedicated to preventing male suicide, the single biggest killer of men under 45 in the UK.
- Helpline: 0800 58 58 58 (Daily 17:00-midnight)  
Webchat: [www.thecalmzone.net/help/webchat/](http://www.thecalmzone.net/help/webchat/)

### [selfharm.co.uk](#)

- Website with support for young people who self harm.

### [Forum for parents childline](#)

- Children under 19 can confidentially call, email, or chat online about any problem big or small
- Freephone 24h helpline: 0800 1111  
Sign up for a childline account on the website to message a counsellor anytime

### [The Mix](#)

- A confidential helpline, email, webchat and telephone counselling service for young people under 25.  
Freephone: 0808 808 4994 (daily 13:00-23:00)

### [Youth Wellbeing Directory](#)

Lists of local services for young people's mental health and wellbeing.

### [Youth Access](#)

Offers information about advice and counselling services in the UK for young people aged 12-25 years

### [MindEd](#)

- MindEd for families is a website where you can hear about other parents' experiences and find clear, helpful guidance on children and young people's mental health and wellbeing

## IMPORTANT COMMUNICATION FOR THE ATTENTION OF ALL PARENTS/CARERS



### GOOGLE CLASSROOM

Cardinal Wiseman School is going to start using Google Classroom, a free online platform to help students, teachers and parents to collaborate and keep on top of school work at home and in the classroom.

As part of this, your son/daughter will receive a username and password for the Cardinal Wiseman Educational Domain, for example, [18bloggs@cwcscoventry.co.uk](mailto:18bloggs@cwcscoventry.co.uk). This will allow them to access all of their school work through one email login that is managed by the school.

In addition, you will shortly receive an email from Google Classroom (Part of Google for Education) inviting you to receive email updates about the work your son/daughter is doing at Cardinal Wiseman. You can choose whether these are daily or weekly and you can unsubscribe at any time.

As a parent/carer you **DO NOT** need to log into Google Classroom. You will receive email summaries showing your child's progress in their classes.

Please follow this link for more information - [Guardian Emails in Google Classroom](#)



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