



*Let us pray that the planet's resources  
will not be plundered but shared in a just  
and respectful manner.*

*Pope Francis' Prayer Intention for September*

# Newsletter

**Newsletter Issue 106**

**18 September 2020**

Dear Parents and Carers,

Today, I spoke to all students in our virtual whole-school assembly about the importance of valuing those around you and having someone to reply upon. In her book, 'The Myths of Happiness', Professor Lyubomirsky cites a study in which researchers asked participants to look at a hill and later describe how steep it was. Amazingly, the research shows that those who were accompanied by a friend, or small group – especially a friend they were close to and had known for a long time – judged the hill to be less steep than those who were alone.

There are a number of things that I love about this research and what it can mean for our students here at Cardinal Wiseman. I think many of us are on that steep hill now, and we haven't worried as much as we should, because of the support around us. Students have adapted wonderfully to a new way of working because of their classmates, friends, and teachers. Similarly, our staff have had many of their own worries allayed because of the support of parents, carers, and the students themselves. What might have seemed insurmountable a few weeks ago looks distinctly easier to cope with now.

What that research tells us is that there is a real power in relationships and being together. Having someone on our side, willing to stand with us and look at the challenges that are ahead, is important and helps. It is my hope that as we look at it together, work together, think together, that the mountains and hills may not seem as steep.

In Sunday's gospel, we will hear the parable of the vineyard workers, which is difficult to comprehend for some, as God appears to reward those who do the least. We are left with the question of 'why am I suffering when others have it so easy?' Sadly, this will be a familiar feeling to many of us who have seen and experienced injustice in a variety of forms. What the parable highlights though, is that we are all equal recipients of God's gifts and love, which is particularly important for our students, and us as adults, at this challenging time.

Have a happy and holy weekend.  
God bless.

Mr Everett



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# Structure of the School Day

The following table shows the structure of the school day for each year group.

This has been put in place in response to COVID-19 and will continue until further notice.



	<b>YEAR 7</b>	<b>YEAR 8</b>	<b>YEAR 9</b>		<b>YEAR 10</b>	<b>YEAR 11</b>		<b>POST 16</b>
<b>ENTER BY:</b>	<b>MAIN GATE</b>	<b>MAIN GATE</b>	<b>BUS BAY</b>		<b>BUS BAY</b>	<b>SCIENCE GATE</b>		<b>SCIENCE GATE</b>
	<b>8.50~9.30</b> Tutor time	<b>9.10~9.30</b> Tutor time	<b>9.10~9.30</b> Tutor time		<b>8.50~9.30</b> Tutor time	<b>8.50~9.30</b> Tutor time		<b>9.10~9.30</b> Tutor time
	<b>9.30~10.30</b> Period 1	<b>9.30~10.30</b> Period 1	<b>9.30~10.30</b> Period 1		<b>9.30~10.30</b> Period 1	<b>9.30~10.30</b> Period 1		<b>9.30~10.30</b> Period 1
	<b>10.30~1050</b> Break (Canteen)	<b>10.30~11.30</b> Period 2	<b>10.30~11.30</b> Period 2		<b>10.30~1050</b> Break (Main Hall)	<b>10.30~1050</b> Break (P16 Centre)		<b>10.30~11.30</b> Period 2
	<b>10.50~11.50</b> Period 2	<b>11.30~11.50</b> Break (Canteen)	<b>11.30~11.50</b> Break (Main Hall)		<b>10.50~11.50</b> Period 2	<b>10.50~11.50</b> Period 2		<b>11.30~11.50</b> Break (P16 Centre)
	<b>11.50~12.50</b> Period 3	<b>11.50~12.50</b> Period 3	<b>11.50~12.50</b> Period 3		<b>11.50~12.50</b> Period 3	<b>11.50~12.50</b> Period 3		<b>11.50~12.50</b> Period 3
	<b>12.50~1.20</b> Lunch (Canteen)	<b>12.50~1.50</b> Period 4	<b>12.50~1.50</b> Period 4		<b>12.50~1.20</b> Lunch (Main Hall)	<b>12.50~1.20</b> Lunch (P16 Centre)		<b>12.50~1.50</b> Lunch Period 4
	<b>1.20~2.20</b> Period 4	<b>1.50~2.20</b> Lunch (Canteen)	<b>1.50~2.20</b> Lunch (Main Hall)		<b>1.20~2.20</b> Period 4	<b>1.20~2.20</b> Period 4		<b>1.50~2.20</b> Lunch (P16 Centre)
	<b>2.20~3.20</b> Period 5	<b>2.20~3.20</b> Period 5	<b>2.20~3.20</b> Period 5		<b>2.20~3.20</b> Period 5	<b>2.20~3.20</b> Period 5		<b>2.20~3.20</b> Period 5



## KEY STAGE 3 NEWS

### A Message from Mr Alcott , Head of Key Stage 3

Well done to Year 7 who have made a fantastic start to the new school year and have settled well.

All KS3 students have been completing comprehensive PSHE work (Personal, Social, Health and Economic education) to help them settle back into school life, stay safe and manage any anxieties they may have had. The students are handling all the changes brilliantly.

#### IMPORTANT NOTICE

From the week commencing 21 September, we are delighted to announce that Year 7 will be participating in practical Physical Education.

On the days that your child's timetable includes PE, they will be required to bring their outdoor PE kit into school so that they are ready to change at the beginning of the lesson.

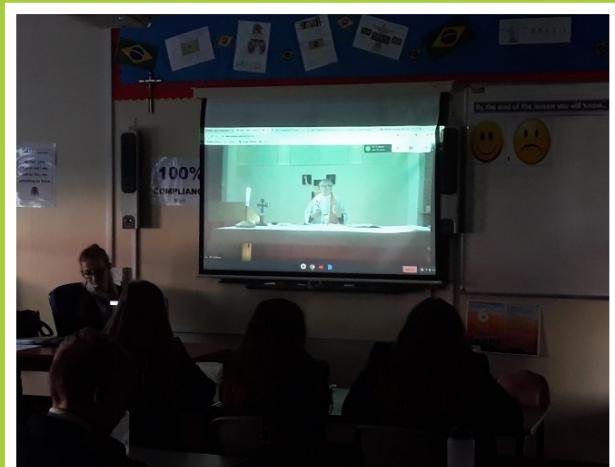
Mr Page

### Year 7 attended a virtual Mass on Thursday 17 September

Father Peter held the Mass from our school chapel. Our Year 7 students enjoyed the experience and it was wonderful to collectively come together and celebrate Mass for the first time as a year group.

Next week Year 8 will take part.

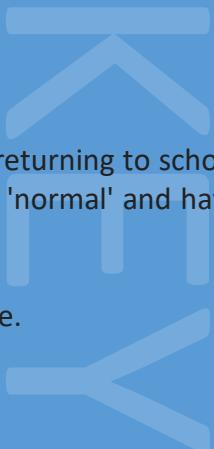
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## KEY STAGE 4 NEWS

### A Message from Miss Greenway, Head of Key Stage 4



Year 10 and 11 have made a fantastic start to the new academic year. Despite returning to school with the obvious concern over lost learning time, they have embraced the new 'normal' and have displayed a settled, mature approach towards their studies.

It has been a pleasure to walk around to lessons and see how focused they all are.

### Year 10 - a message from Mr Lambert

I want to say a huge thank you and well done to all of our Year 10 students. It has been an incredibly difficult time over the past few months, and they have all shown amazing resilience to come back and be as focused and committed to learning as they have been.

Their subject teachers have been very complimentary about their effort and behaviour in lessons. I ask that you continue to encourage them to work hard, be resilient and respectful, and flourish as the mature Year 10 students that we have seen arrive back to Cardinal Wiseman this new school year.

### Year 11 - a message from Mrs Taylor

A very warm welcome back to Year 11. After such an unprecedented end to our summer term, I have thoroughly enjoyed welcoming back your children into their forms and teaching groups and I am delighted to be greeted by so many enthusiastic learners every morning.

Your children are a credit to you all and you should be very proud of how they have settled back into their new routines. This term's curriculum, as always, is broad and exciting and will continue to be knowledge rich, so that we equip our students with a deeper understanding of their subjects.

As always, if there is anything you wish to discuss with me please contact me via email and I will be happy to help. Here is to a fantastic year, with a fantastic year group.



## SIXTH FORM NEWS



### Former Sixth Form Student is Presented with Scholarship Award

Mr Everett had the pleasure of presenting Nicola Piorkowski with the first Reading List Foundation Scholarship, which was awarded to Cardinal Wiseman this year. Mr Everett was Nicola's form teacher when he first joined the school three years ago and he was delighted to be able to recognise her achievements in this way.

Nicola has always proven herself to be a conscientious student and she is excited to start her studies at the University of Bristol where she intends to study Liberal Arts.

The scholarship will support her studies by enabling her to purchase books to the value of £250 during her time at University.



## ATTENDANCE

### Well done - the best attendance is in Year 7

**Best form group in Year 7 is 7F at 98.1%**

**Best form group in Year 8 is 8B at 95.1%**

**Best form group in Year 9 is 9B at 95.2%**

**Best form group in Year 10 is 10G at 98.2%**

**Best form group in Year 11 is 11E at 96.6%**

Please encourage all students to attend everyday as attendance is very important.

It is crucial all absences are reported by 09:30am everyday. It is very important you keep school updated to ensure all absences are recorded correctly.

If any COVID tests are taken in the household, please keep school updated. A copy of all results, positive or negative, must, please, be forwarded onto school

via: [attendance@cardinalwiseman.coventry.sch.uk](mailto:attendance@cardinalwiseman.coventry.sch.uk)

The attendance team are always available to help support families and students with their attendance, any concerns please contact us.

SIXTH FORM NEWS

# Schools and COVID-19 – Frequently Asked Questions

The following are FAQs based on COVID-19 guidance and questions asked by schools. The answers are based on government guidance and are completed by Public Health and Coventry City Council Education.

## Does my child need to wear a mask in school?

From Monday 14 September, the Local Authority are advising that Secondary and Post 16 age students wear face coverings in areas outside the classrooms where social distancing cannot easily be maintained (e.g. communal areas inside the school buildings including moving between lessons).

They are advising this, as a pre-emptive measure, to prevent a further rise in numbers which may result in tighter restrictions in Coventry.

## Who should stay away from school (with regard to COVID-19)?

Any member of the school community (pupils, staff and other adults) should not come into school if they:

- Have coronavirus (COVID-19) symptoms [Coronavirus \(COVID-19\)](#)
- Have tested positive for coronavirus (COVID-19) in the last 10 days. · Are in a household (or support bubble) with individuals who have been tested positive for coronavirus (COVID-19) in the last 14 days.
- Have been contacted through the NHS Test and Trace programme and been advised to stay at home

## Should pupils and members of the school community be coming into school with colds?

If they have any of the COVID-19 symptoms they should not be coming into school. If, however, people do not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they and their households do not need to self-isolate. Children can go to school if fit to do so.

## When should pupils (or other members of the school community) go for a COVID-19 test?

- When they are showing COVID-19 symptoms – new, continuous cough or a high temperature or loss of, or change in, normal sense of taste or smell.
- COVID-19 tests are not needed in other circumstances, unless otherwise directed by the local authority or Public Health England, based on risk assessment of individual cases or situations.

## How long should the person with COVID-19 symptoms self isolate for?

They should self-isolate for at least 10 days.

However, if the person has a COVID-19 test and this is negative, then they can return to school when well (and have not had a fever for 48 hours).

Please see the following guidance about self-isolation: - [Stay at home link](#)

- If the person tests positive, they should self-isolate for the full 10 days



## COVID-19 FAQ's continued...

### A child has COVID-19 symptoms, but their parent does not want their child to be tested. What should happen?

The child must self-isolate for 10 days from the start of COVID-19 symptoms, after which they can return to school.

### How do you get a COVID-19 test?

Tests can be accessed through the online portal at <https://www.nhs.uk/conditions/coronavirus-covid-19/> or by phoning 119

### Where do you go in Coventry to get a COVID-19 test?

The options are:

- Home testing – via the online portal at <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- Ricoh Regional Testing Centre - drive through testing – via [online portal](#) or phone 119
- Moat Street Car Park – mobile testing unit – drive through – via [online portal](#) or phone 119
- Broad Street, Foleshill (next to Broad Street Surgery) – local testing service – walk in – via [online portal](#) (but will also take people who turn up) or phone 119

### What's the turnaround time to get COVID-19 test results back?

Turnaround rates are within 24-48 hours and test results are sent directly to the parent/carer.

Home testing kits tend to take longer.

### What should the symptomatic person do if they test NEGATIVE for COVID-19?

- The symptomatic person must let the school know the COVID-19 test result.
- If the person with symptoms tests negative for COVID-19, they are allowed to return to school if they are well, including not having a temperature for 48 hours AND anyone in their household who have COVID-19 symptoms have also tested negative. (This is important as there remains some risk of false negatives).
- Their household can also stop isolating if those criteria are met.
- The only exception to this is if the individual tests negative and they are a contact of a confirmed case, in which case they need to continue to self-isolate for the full 14 days.

### What happens if the person tests POSITIVE for COVID-19?

- The person must follow the stay at home guidance and must continue to self isolate for at least 10 days from the onset of their symptoms and then return to school only if they are well (and have not had a high temperature for 48 hours)
- Note that symptoms of a cough or loss of sense of smell/taste may persist, as they can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill.
- Other members of their household should continue self-isolating for the full 14 days.



## CATERING SERVICE

The catering team within the Romero Academy provides every student with a high quality, first class meal. Having an in-house service allows us to hold school meal prices at £2.22 for the 2020/21 academic year.

Due to the Coronavirus guidelines, we are not currently able to offer all year groups the full menu although within the next two weeks, we will arrange for a carousel where each year group will rotate between the canteen and collecting grab bags.

From next week, grab bags will have a further option of either a cheese and salsa wrap, a coronation chicken wrap or a tuna sweetcorn mayonnaise and lettuce wrap. **If you have any dietary requirements, please let us know and we will provide a meal that meets these.**





## SAFEGUARDING

# Smartphones and Other Devices

Children are using devices at a younger age so it's important to consider setting controls on the devices they use. Internet Matters have pulled together a number of guides to give you simple steps to set controls on a range of devices.

<https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/>

## How do device controls work?

Pre-installed parental controls are available for most smartphones, tablets, laptops and game consoles, and are part of the system when you buy them. You can often download additional parental control apps and software to supplement these controls. But the most important thing is to set the controls on the device itself.

Device controls can cover a variety of functions, however, usually, they restrict access to specific features and functions that exist on the device. You might also be able to control whether your child can download new apps, or prevent them from purchasing something in the app store.



In general, device controls won't filter out specific types of content through the internet. You'll also need to set these controls separately on any entertainment site or apps they use (such as YouTube, Chrome or Netflix) and on the network, they are connected to.