

## **Sport and Performing Art**

### KEY STAGE 3 DRAMA (YEAR 7)

Drama is taught in mixed ability form groups in Year 7. The aim of Drama at Cardinal Wiseman is to provide students with the opportunities to use their creativity to develop life-skills of planning, team playing and communicating. To develop emotional maturity and empathy and to learn how to speak in front of an audience.

All units of work in Year 7 are assessed during each term and at the end of each term through teacher, self and peer assessment.

Drama is taught using a variety of teaching and learning styles e.g. pair/group work, discussion/debate, research, film and other visual stimuli. Teachers aim to develop skills (e.g. teamwork, effective participation, independent enquiry, creative thinking and self-management) and attitudes (e.g. empathy, tolerance, respect) as well as subject specific knowledge.

Year 7 students will also learn the skills of devising, performance and evaluation through the following genres:

Stagecraft/Naturalism Melodrama Greek Theatre

In this topic students will learn basic stagecraft and the skills of communicating a believable performance in an everyday setting In this topic students will learn about stock characters, direct address and exaggerated performance style. In this topic students will learn a brief history of Greek Theatre, chorus work and comedy and tragedy.

### KEY STAGE 3 DRAMA (YEAR 8)

Drama is taught in mixed ability groups in Year 8. The aim of Drama is to provide students with the opportunities to use their creativity to develop life-sills of planning, team playing and communicating. This will lead them to develop emotional maturity and empathy and to learn how to speak in front of an audience.

All units of work in Year 8 are assessed during each term and at the end of each term through teacher, self and peer assessment.

Drama is taught using a variety of teaching and learning styles e.g. pair/group work, discussion/debate, research, film and other visual stimuli. Teachers aim to develop skills (e.g. teamwork, effective participation, independent enquiry, creative thinking and self-management) and attitudes (e.g. empathy, tolerance, respect) as well as subject specific knowledge.

Year 8 students will also learn the skills of devising, performance and evaluation through the following genres:

Comedy/Pantomime Murder Mystery Horror

In this topic students will learn comedy skills such as slapstick, master and servant and Commedia Del'Art e. In this topic students will learn about hotseating, narration, flashback, problem solving skills and storytelling. In this topic students will learn how to create tension and

suspense, communicate fear to an audience and develop the conventions of music and sound effects.

#### KEY STAGE 4 DRAMA YEAR 9)

Students begin their GCSE drama journey in Year 9 where they learn to work as a new group developing their improvising, devising, performing and evaluating skills. Students work through the units of Stylised Theatre and script work and learn to analyse and evaluate their practical work through a written Portfolio. Students will perform publicly this year culminating in the Physical Fellowship performance at the Belgrade Theatre.

#### KEY STAGE 4 DRAMA (YEAR 10)

In Year 10 students study devising from a stimulus in order to complete the Unit 'Devising Drama'. Learners will explore and develop their understanding of how to use the devising process to communicate meaning in theatrical performance; to apply theatrical skills to realise artistic intentions; and to analyse and evaluate their own work.

Learners will complete a portfolio of evidence during the devising process, a final performance of their drama and write an evaluation of their own work.

Drama students are expected to perform up to six public performances throughout the course.

#### KEY STAGE 4 DRAMA (YEAR 11)

'Presenting and Performing Texts'. Two extracts from one text will be studied and designed or performed.

Communicating with an audience is an essential part of drama. The contribution and skills developed as an actor or designer will be applied to the performance of each extract. This will lead to a live realisation in which two extracts will be performed as a showcase to an audience that includes the visiting examiner.

'Performance and Response'. One full text will be studied and assessment will be through a written exam paper. For this component, learners need to demonstrate knowledge and understanding of how drama is

developed, performed and responded to. Through their practical study, learners need to know how characters and performances communicate ideas and meaning to an audience. Learners will also be required to watch a live theatre performance. They will be required to analyse and evaluate the performance in the exam.

Drama students are expected to perform up to six public performances throughout the course.

## PHYSICAL EDUCATION

In Year 7 students will follow a programme of activities in Games (Rugby, Football or Netball), Trampolining, Athletics, Rounders and Swimming.

It is important that students have P.E. kit for every lesson. Please see the information on school uniform.

For swimming, students will need either trunks/shorts or a one piece swimming costume and a towel. If a student wishes to be excused from P.E. they should bring a note from their parent/guardian. Please do not ask for your son/daughter to be excused for trivial reasons.

Generally, if they are fit to be in school then they are fit to take part in some or all of the activity. If the medical condition is a prolonged one then we will require a doctor's note. If a student wishes to be excused from practical lessons they must still bring their kit to the lesson as they will be expected to take some role in the lesson e.g. officiating. If a student forgets to bring their kit they will be expected to wear spare school kit. For health and safety reasons no jewellery can be worn for P.E.

There are a variety of extra-curricular activities that Year 7 students can take part in as well as inter-house and inter-school competitions. Please encourage your son/daughter to get involved in these activities, and if they would like to join a sports club outside school we can put them in contact with one.

### KEY STAGE 3 PHYSICAL EDUCATION (YEAR 8)

In Year 8 students will have 3 lessons per fortnight of P.E. They will build on the skills learned in Year 7 in Gymnastic Activities, Dance, Athletics, Games and Swimming.

It is important that they have P.E. kit for every lesson. Please see the information on school uniform. For swimming, pupils will need either trunks/shorts or a one piece swimming costume, and a towel. If a pupil wishes to be excused from P.E. they should bring a note from their parent/guardian. Please do not ask for your son/daughter to be excused for trivial reasons. Generally, if they are fit to be in school then they are fit to take part in some or all of the activity. If the medical condition is a prolonged one then we will require a doctor's note. If a pupil wishes to be excused from practical lessons they must still bring their kit to lesson as they will be expected to take some role in the lesson e.g. officiating. If a pupil forgets to bring their kit they will be expected to wear spare school kit. For health and safety reasons no jewellery can be worn for P.E.

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## KEY STAGE 4 'CORE' PHYSICAL EDUCATION (YEAR 9)

In Year 9 pupils will have three lessons of P.E. per fortnight. They will continue to build on the activities learnt in Years 7 & 8 and also improve leadership skills.

It is important that they have P.E. kit for every lesson. Please see the information on school uniform. For swimming, pupils will need either trunks/shorts or a one piece swimming costume, and a towel. If a pupil wishes to be excused from P.E. they should bring a note from their parent/guardian. Please do not ask for your son/daughter to be excused for trivial reasons. Generally, if they are fit to be in school then they are fit to take part in some or all of the activity. If the medical condition is a prolonged one then we will require a doctor's note. If a pupil wishes to be excused from practical lessons they must still bring their kit to the lesson as they will be expected to take some role in the lesson e.g. officiating. If a pupil forgets to bring their kit they will be expected to wear spare school kit. For health and safety reasons no jewellery can be worn for P.E.

There are a variety of extra-curricular activities that Year 9 pupils can take part in as well as inter-house and inter-school competitions. Please encourage your son/daughter to get involved in these activities, and if they would like to join a sports club outside school we can put them in contact with one.

#### KEY STAGE 4 GCSE PHYSICAL EDUCATION (YEAR 9)

Students will have 3 or 4 lessons per fortnight. It is vital that students bring kit/equipment to the appropriate lessons as some of these will cover the practical element of the course. They must attend extra-curricular activities and activities outside of school.

Written coursework should be completed by the end of Year 10. Practical moderation will be in May of Year 11 (worth 50% of the final mark).

#### OCR CAMBRIDGE NATIONAL IN SPORTS SCIENCE (YEAR9)

The BTEC First Certificate/Extended Certificate is equivalent to 1/2 GCSEs. You will study 8 units ranging from learning about the human body to planning and leading your own sports event. There will be 3 lessons per fortnight; these will include practical sessions so it is vital that students bring the correct kit for these lessons.

Assessment is completed by a range of structured tasks, small research projects throughout the year and two externally controlled assessments; there is no final end of year exam. You can gain an overall Pass, Merit or Distinction grade at the end of the course.

Over three years you will gain an understanding of a wide range of topics related to the sports sector and during the course will study the following units:

- Reducing the risks of sports injuries
- Applying principles of training
- The body's responses to physical activity
- Sports nutrition

There is one externally assessed unit and three continually assessed coursework units.

#### KEY STAGE 4 CORE PHYSICAL EDUCATION (YEAR 10)

All students in Year 10 will have 'core' PE lessons. Students will have 3 lessons per fortnight and will follow a fitness programme delivered through a variety of activities and areas including outdoors and the fitness suite. Students are also able to choose activity and performance areas.

#### GCSE PHYSICAL EDUCATION (YEAR 10)

Students will have 3 lessons per fortnight. It is vital that students bring kit/equipment to the appropriate lessons as some of these will cover the practical element of the course. They must attend extra-curricular activities and activities outside of school.

Written coursework should be completed by the end of Year 11. Practical moderation will be in May of Year 11 (worth 50% of the final mark).

#### OCR CAMBRIDGE NATIONAL IN SPORTS SCIENCE (YEAR 10)

The BTEC First Certificate/Extended Certificate is equivalent to 1/2 GCSEs. You will study 8 units ranging from learning about the human body to planning and leading your own sports event. There will be 4 lessons per fortnight; these will include practical sessions so it is vital that students bring the correct kit for these lessons.

Assessment is completed by a range of structured tasks and small research projects throughout the year and two externally controlled assessments, there is no final end of year exam. You can gain an overall Pass, Merit or Distinction grade at the end of the course.

You will gain an understanding of a wide range of topics related to the sports sector and during the course will study the following units:

- Reducing the risks of sports injuries
- Applying principles of training
- The body's responses to physical activity
- Sports nutrition

There is one externally assessed unit and three continually assessed coursework units.

#### KEY STAGE 4 CORE PHYSICAL EDUCATION (YEAR 11)

All students in Year 11 will have 'core' PE lessons. Students will have 3 lessons per fortnight and will follow a fitness programme delivered through a variety of activities and areas including outdoors and the fitness suite. Students are also able to choose activity and performance areas.